The procedure is available in the following wiki helpdesk page:

https://wiki.cse.tamu.edu/index.php/How_to_Use_MySQL

Students can claim the account from a CSNET link (described in the above page) and the account gets activated within 5 minutes (sometimes immediately).

Basically the steps are (just copying from the above page):

How to claim a database account

1. Using your preferred web browser to go to
   http://csnet.cs.tamu.edu/

   NOTE: You must either be on campus or using VPN to access this site.

2. Log in by entering your CS username and web password.

   If you have forgotten your password or need assistance logging in please visit the Helpdesk in room 221 HRBB or room 111E RDMC.

3. On the left hand side of the window, under "My Account", click "My Profile".

4. On the left hand side of the window, under "Special", click "Database Accounts".

5. From here you can see what database accounts you have set up. To set up an account, click the check box for the respective account and then enter your desired password.

6. Click submit.

7. Return to this page to change your account password(s) for your database account(s).

   After submitting the request may take up to 5 minutes to be processed.

Changing your database password

To change your password, return to the "Database Account" page as described above in "How to claim a database account". From this page, you can change your password for your database account(s).

Connecting to MariaDB

There are several ways to connect to the MariaDB database. You may connect via a command line application which allows you to directly enter SQL queries or have your application connect to the database.
1. Using an SSH client such as PuTTY, login to either of the following servers. 
   compute.cs.tamu.edu or linux2.cs.tamu.edu

2. At the command prompt run the mysql command as follows:
   mysql -h database2.cs.tamu.edu -u yourusername -p

3. Enter your database password at the prompt.

   Welcome to the MariaDB monitor. Commands end with ; or \g.
   Your MariaDB connection id is 586992
   Server version: 5.5.56-MariaDB MariaDB Server
   Copyright (c) 2000, 2017, Oracle, MariaDB Corporation Ab and others.
   Type 'help;' or '\h' for help. Type '\c' to clear the current input statement.
   MariaDB [(none)]>

4. From this prompt you may enter SQL queries to access the database. To quit MariaDB, use the exit command.

Creating your database

1. Specify the database you're working in.
   USE username;

2. Create a new database
   CREATE TABLE Movies( title CHAR(100), year INT, length INT, genre CHAR(10),
   studioName CHAR(30), producer INT);
3. Display the tables in the current database
   SHOW TABLES;
4. Verify that your table was created the way you expected
   DESCRIBE Movies;
5. Drop the table in the database.
   DROP TABLE Movies;